



CATCHING THE WAVE WORKSHEET

WHAT IS THE RESULT YOU WANT TO ACHIEVE? BE SPECIFIC.

WHAT STRATEGY WILL YOU USE?

WHAT ACTION STEPS WILL YOU TAKE AND BY WHEN?

NOW

WHAT ARE THE SPECIFIC STEPS YOU NEED TO TAKE NOW TO GET YOU READY FOR THEN (WHEN THEY TAKE THE RESTRICTIONS AWAY)?

WHAT RESOURCES DO YOU CURRENTLY HAVE THAT YOU COULD PREPARE TO USE IN THE RECOVERY?

THEN

WHAT ARE THE FIRST THREE THINGS YOU WILL DO AS YOU SEE THE RESTRICTIONS LOOSEN?

HOW WILL YOU EXECUTE YOUR STRATEGY? (IN PERSON? VIRTUALLY? SOME COMBINATION?)

AFTER THEN

WHAT DO YOU KNOW ABOUT YOUR "AUDIENCE" (CUSTOMERS, CLIENTS, FAMILY ETC) THAT WILL HELP YOU BE SENSITIVE TO THEIR CIRCUMSTANCES?

WHAT WILL YOU DO TO BUILD MOMENTUM?

WHO IS YOUR SUPPORT SYSTEM? THESE ARE THE PEOPLE THAT WILL SUPPORT YOU, STAND WITH YOU AND ENCOURAGE YOU.

HOW WILL YOU CELEBRATE AS YOU WIN?